[Insert date]

[Insert name]

[Insert street address]

[Insert city, state zip]

Dear [Insert name]:

On **Saturday, April 6th**, I will be attending the annual Walk for Parkinson where hundreds of Walkers will join me in highlighting movement and exercise as a symbol of hope and progress in finding a cure. As Team Captain of Team [Insert your team name], I am walking [in honor/in memory of] [Insert relationship and/or name] and invite you to join me and my team in the fight against Parkinson’s disease.

Out of the 1.5 million diagnosed, about 10,000 people living in Central Florida are affected by Parkinson’s. The Parkinson Association of Central Florida Inc. (PACF) is an educational and charitable organization dedicated to serving as a focal point to raise funds for support programs and services to enhance the quality of life for all those affected by Parkinson’s disease.

My wish as a Team Captain of [Insert team name], is to use the Walk as a invitation to raise awareness and funds for those in Central Florida who are living with Parkinson’s. Along with raising awareness, here are ways to support my efforts:

* ***Please support me in my efforts and make a donation***. Whatever you can give is appreciated.
  + It’s easy to give online. Go to my personal donation page [Insert team web page address] and make a donation. You’ll receive an electronic receipt and be able to see how your donation is contributing to my fundraising goal.
  + If you prefer, you can mail your donation using the enclosed donation form. Checks should be made payable to the Parkinson Association of Central Florida. Don’t forget to put my team name down in the subject line of the check so your donation will be allocated to my team. If you donate under $100 you will not receive a receipt for your donation. If you would like to request one, please contact PACF by phone or email.
* ***Register*** for the Walk for Parkinson and join Team [Insert team name]. By joining my team you too can support the cause and have people donate to you, under my team’s name. Visit [www.parkinsoncf.org](http://www.parkinsoncf.org)
* ***Help spread the word***. You can share my team page in an email, letter, or on social media. By reaching out to your family and friends to support this important cause helps raise awareness.

Thank you in advance for your generous support. Because of you, a brighter future is on the horizon for Parkinson’s.

All my best,

[Insert your name]